

IRON GYM[®] MAX



Product name **IRON GYM[®] MAX**

Transform your doorway into a gym – IRON GYM[®] MAX is the multi-function exercise bar you can use to do pull-ups, chin-ups, push-ups, sit-ups, dips, arm and shoulder exercises – every exercise you need to build a powerful upper body! The IRON GYM[®] MAX uses your body's own resistance to deliver powerful results fast. It strengthens and tones your biceps, triceps, chest, back, shoulders and abs. It instantly attaches to or removes from your door frame and the heavy duty steel construction supports up to 100 kg [220 lbs]! IRON GYM[®] MAX has professional grade foam grips and two more grip positions than the standard IRON GYM[®] for a more extreme workout! Now it's easy to get the strong, lean body you always wanted, right at home.



 **TV-COMMERCIAL AVAILABLE**

 **INSTRUCTIONAL VIDEO AVAILABLE**

Benefits

Strengthening and toning your biceps, triceps, chest, arms, shoulders and abs.

Features

- Extended cross bar for more challenging push ups.
- Fits up to 90cm wide door frames!
- Suitable for frame thicknesses between 12 - 16 cm, width 60 - 90 cm.
- Free IRON GYM[®] personal trainer video.

Item code	IRONGX-MAX
Type of packing	Color Box
Retail box size	8.5 x 51.5 x 22.3 cm, 3.75 kg, 0.0095 m ³
Units in master carton	4 Units
Master carton size	46.5 x 17.8 x 52.5 cm, 15.3 kg, 0.042 m ³





Product name **IRON GYM® NEW**

Transform your doorway into a gym – IRON GYM® is the multi-function exercise bar you can use to do pull-ups, chin-ups, push-ups, sit-ups, dips, arm and shoulder exercises – every exercise you need to build a powerful upper body! The IRON GYM® uses your body's own resistance to deliver powerful results fast. It strengthens and tones your biceps, triceps, chest, back, shoulders and abs. It instantly attaches to or removes from your door frame and the heavy duty steel construction supports up to 100 kg (220 lbs)! Now it's easy to get the strong, lean body you always wanted, right at home.

Benefits

Strengthening and toning your biceps, triceps chest, arms, shoulders and abs.

Features

- Extended cross bar for more challenging push ups.
- Fits up to 90cm wide door frames!
- Suitable for frame thicknesses between 12 - 16 cm, width 60 - 90 cm.
- Free IRON GYM® personal trainer video.

Item code	IRONGNE
Type of packing	Color Box
Retail box size	8.5 x 51 x 20 cm, 2.4 kg, 0.0086 m ³
Units in master carton	4 Units
Master carton size	17.8 x 52 x 41.5 cm, 9.9 kg, 0.038 m ³





IRON GYM[®] Xtreme Platinum

Product name **IRON GYM[®]
XTREME PLATINUM**

IRON GYM[®] Xtreme Platinum™ - Performance Without Boundaries! For the ultimate IRON GYM[®] upper body workout experience select IRON GYM[®] Xtreme Platinum™ - the most feature packed product in the IRON GYM[®] range and the best IRON GYM[®] ever.

Benefits

Strengthening and toning your biceps, triceps chest, arms, shoulders and abs.

Features

- IRON GYM[®] AB Straps for advanced abdominal exercises and a workout wall chart.
- Double thick foam grips.



**AB STRAPS
INCLUDED**



**SAFETY BRACKETS
INCLUDED**

Item code	IGXPLT
Type of packing	Color Box
Retail box size	9.5 x 51.5 x 24 cm, 4.2 kg, 0.0117 m ³
Units in master carton	4 Units
Master carton size	20.6 x 53 x 50.5 cm, 17.2 kg, 0.052 m ³



**TV-COMMERCIAL
AVAILABLE**

